

Childhood Obesity Review - Scoping Report

Purpose of Report

1. This report outlines the suggested scope and timetable for the above review, which aims to address whether current service provision is effectively reducing childhood obesity in the city.

Background

2. Councillor Susan Galloway originally registered the topic in July 2009. A feasibility study and a draft remit were submitted to the Health Overview & Scrutiny Committee in September 2009, and after due consideration it was agreed to proceed with this scrutiny review based on the following remit:

Aim

3. To address whether current service provision is effectively reducing childhood obesity in the city.

Key Objectives

- i. To look at statistical evidence collected by the School Health Team in relation to NPI55 and NPI56 to discover the extent of childhood obesity in the City.
- ii. To explore the impact of current initiatives such as healthy eating, 5 a day and 30 minutes of exercise 5 times a week etc on tackling obesity.
- iii. To explore external factors that may contribute to childhood obesity.
- iv. To learn more about the All Together Better Programme and The Healthy Weight, Active Lives Strategic Implementation Group and the methods they are using to reduce childhood obesity.
- v. To look at the continuity of services into adulthood.
- vi. To explore how monies are spent on tackling obesity.

Consultation

4. To date the following have been consulted:

- The Executive Member for Children’s Services
- The Executive Member for Housing & Adult Social Services
- Director of Housing & Adult Social Services
- Assistant Director (Partnerships & Early Intervention)
- LINKs Steering Group
- Various representatives of York Hospitals Trust
- Various representatives of NHS North Yorkshire & York

Timetable For Review

5. The following scope and timetable for the meeting has been prepared by Members of the Committee:

Date	Relevant Key Objective	Task
02.12.2009	Background information & key objective (i)	<p>Formal meeting of the Health Scrutiny Committee</p> <ul style="list-style-type: none"> ➤ Approval of Scoping & Timetabling <p>To look at statistical evidence collected by the School Health Team in relation to NPI55 & NPI56 to discover the extent of childhood obesity in the City</p> <ul style="list-style-type: none"> ➤ Presentations and/or briefing reports from representatives of NHS North Yorkshire & York and/or York Hospital and City of York Council to provide background information to the topic and information in key objective (i) as set out in the remit above. <p><u>Suggested attendees</u></p> <ol style="list-style-type: none"> i. Greg McGrath - Health Improvement Manager (obesity) – NHS North Yorkshire & York ii. Kathryn Yeoman – Deputy Directorate Manager/School Health Service Manager – York Hospitals Foundation Trust iii. Rachel Johns – Chair of the Healthy City Board, Associate Director of Public Health & Locality Director for York (CYC & PCT) iv. Judy Kent – Children’s Trust Unit Manager – City of York Council v. Paul Murphy – Assistant Director (Partnerships & Early Intervention) – City of York Council

		<p><u>Information required</u></p> <ul style="list-style-type: none"> • Obesity rates in York (annually since 2003) & the amount of children within these rates • Summary of statistical evidence available in relation to NPI55 & NPI56 • The localities in York where we are seeing larger childhood obesity trends
TBC	Key objective (ii)	<p>To look at the impact that initiatives such as PE provision, Healthy Eating, 5 a day have had on childhood obesity</p> <p>➤ Presentations and/or briefing reports from representatives listed below to provide information in relation to key objective (ii) as set out in the remit above.</p> <p><u>Suggested attendees</u></p> <ol style="list-style-type: none"> Pete Dwyer – Director of Learning, Culture & Children’s Services - City of York Council Judy Kent – Children’s Trust Unit Manager – City of York Council Paul Murphy – Assistant Director (Partnerships & Early Intervention) – City of York Council Kathryn Yeoman – Deputy Directorate Manager/School Health Service Manager – York Hospitals Foundation Trust Greg McGrath - Health Improvement Manager (obesity) – NHS North Yorkshire & York Rachel Johns – Chair of the Healthy City Board, Associate Director of Public Health & Locality Director for York (CYC & PCT) <p><u>Information required</u></p> <ul style="list-style-type: none"> • Information on the impact that initiatives such as PE provision, Healthy Eating, 5 a day have had on childhood obesity • Statistics on school meal uptake annually since 2003 (broken down by school) • The corresponding price of school dinners

		<ul style="list-style-type: none"> • The typical menu and nutritional content of such school meals annually since 2003 • The typical corresponding packed lunch menu and nutritional content • Details on length of time and typical PE activity annually since 2003 & any details pertaining to out of school activities, including use of leisure facilities annually since 2003 • Information on the healthy schools initiative
20.01.2010		<p>Formal meeting of the Health Scrutiny Committee</p> <p>➤ Interim Report regarding Childhood Obesity - progress & evidence gathered so far</p>
TBC	Key Objective (iii)	<p>To explore external factors that may contribute to childhood obesity</p> <p><u>Suggested attendees</u></p> <ol style="list-style-type: none"> Mr John Bailey – former parent governor representative on the Education Scrutiny Committee A youth worker Greg McGrath - Health Improvement Manager (obesity) – NHS North Yorkshire & York Rachel Johns – Chair of the Healthy City Board, Associate Director of Public Health & Locality Director for York (CYC & PCT) Representative of City of York Council regarding school travel plans Representative from one of the major supermarket chains <p><u>Information required</u></p> <ul style="list-style-type: none"> • To talk to the Committee about external factors that contribute to childhood obesity • Information on school travel plans • To look at eating habits in nurseries • Information from NHS North Yorkshire & York in relation to their cooking healthily courses

		<ul style="list-style-type: none"> • Supermarket labelling
TBC	Key objective (iv)	<p>To learn more about the All Together Better Programme and The Healthy Weight, active Lives Strategic Implementation Group and the methods they are using to reduce childhood obesity</p> <p><u>Suggested attendees</u></p> <ol style="list-style-type: none"> Greg McGrath - Health Improvement Manager (obesity) – NHS North Yorkshire & York Suzanne Carr – Community Project Manager – All Together Better Programme Representatives from the initiatives listed below <p><u>Information required</u></p> <ul style="list-style-type: none"> • Background on initiatives that have and are occurring to combat any rise in childhood obesity levels along with the results from these & the cost of these initiatives & the socio-economic background of the people who use these initiatives • To receive information on the impact that the following campaigns/initiatives are having on the health of the communities they are targeting. <ul style="list-style-type: none"> ○ MEND (Mind, Exercise, Nutrition ... Do it!) ○ All Together Better Project ○ The Healthy Weight, Active Lives Strategic Implementation Group • In respect of the All Together Better Project to do some comparison work with Scarborough
TBC	Key objective (v)	<p>To look at the continuity of services into adulthood</p> <p><u>Suggested attendees</u></p> <ol style="list-style-type: none"> Bill Hodson – Director of Housing & adult Social Services – City of York Council Anne Robinson – Nutrition & Dietetic Services Manager - York Hospitals

		<p>Foundation Trust</p> <p><u>Information required</u></p> <ul style="list-style-type: none"> • Information on progression rates of childhood obesity into adults and how this affects other consequential services • Information on progression rates & data showing trends in adult obesity and what is being done to combat this.
TBC	Key objective (vi)	<p>To look at whether monies being spent on the various initiatives is being used to the best advantage</p> <p><u>Suggested attendees</u></p> <ol style="list-style-type: none"> Bill Hodson – Director of Housing & adult Social Services – City of York Council Pete Dwyer – Director of Learning, Culture & Children’s Services - City of York Council Greg McGrath - Health Improvement Manager (obesity) – NHS North Yorkshire & York <p><u>Information required</u></p> <ul style="list-style-type: none"> • What monies have been spent in this area, annually since 2003 and what the corresponding effect has been
TBC	All key objectives/public engagement event	<p>Public Event</p> <p><u>Suggested attendees</u></p> <ol style="list-style-type: none"> Parents Representatives of schools LINKs Members of the public NHS North Yorkshire & York York Hospitals Foundation Trust Representatives from City of York Council Representatives of the Youth Council Youth workers Young people

		<p><u>Format of the Public Event</u></p> <p>The Chair and/or scrutiny officer will give a presentation summarising the information received to date. Attendees will be given the opportunity to provide any further evidence or comments that they wish to give prior to a draft report & draft recommendations being prepared.</p>
03.03.2010		<p>Formal meeting of the Health Scrutiny Committee</p> <p>➤ Interim Report regarding Childhood Obesity - progress & evidence gathered so far</p>
TBC	All	Formulation of draft recommendations to be included in the draft final report
TBC	All	Task group to consider draft final report & recommendations
TBC	All	Full Committee to consider draft final report & recommendations
TBC	All	Final report to SMC
TBC	All	Final report to Executive

Options

6. Members have the following options:

Option A Approve the scope & timetable set out in paragraph 5 of this report

Option B Amend the scope & timetable set out in paragraph 5 of this report

Analysis

7. Members of the Committee have already, informally, indicated that they are happy to approve the scope and timetable above. In light of this representatives from both York Hospital and NHS North Yorkshire & York have been invited to today's meeting to give presentations on key objective (i) of the review.
8. Members do have the option of forming a small cross-party task group to undertake a review. This may have the advantage of giving Members further scope to work more immediately and flexibly on a review topic. Any task group would report back to the full Committee with their findings for approval.
9. Members are also requested to look at some potential dates to undertake the work set out in the scope and timetable in order that the Scrutiny Officer can arrange for the information to be provided by the suggested attendees.

Corporate Strategy 2009/2012

10. This report and the review being undertaken are directly linked to the 'Healthy City' theme of the Corporate Strategy 2009/2012.

Implications

11. **Financial** – There is a small amount of funding available within the scrutiny budget to carry out reviews. There are no other financial implications associated with this report; however implications may arise as the review progresses.
12. **Human Resources** – There are no Human Resources implications associated with the recommendations within this report.
13. **Legal** – There are no direct legal implications associated with the recommendations within this report; however implications may arise as the review progresses.
14. There are no known equalities, property, crime & disorder or other implications associated with the recommendations in this report.

Risk Management

15. In compliance with the Council's risk management strategy there are no risks associated with the recommendations in this report.

Recommendations

16. Members are asked to:
 - i. Approve the scope and timetable set out at paragraph 5 of this report
 - ii. Decide whether they wish to set up a task group to undertake the work
 - iii. Set some dates for either a task group or the full Committee to undertake this work

Reason: To ensure compliance with scrutiny procedures, protocols and workplans and to progress the review.

Contact Details

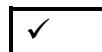
Author:

Tracy Wallis
Scrutiny Officer
Scrutiny Services
Tel: 01904 551714

Chief Officer Responsible for the report:

Alison Lowton
Interim Head of Civic, Legal & Democratic Services
Tel: 01904 551004

Scoping Report
Approved



Date 19.11.2009

Specialist Implications Officer(s) None

Wards Affected:

For further information please contact the author of the report

All



Background Papers:

None

Annexes

None